



## Knee Pain



Knee pain is a common problem with many causes, ranging from acute injuries, various medical conditions and overuse. It can be localised to a specific area of the knee or be diffuse throughout the knee. Most knee conditions are often accompanied by physical restriction and a thorough physical examination will usually establish the diagnosis.

Common types of knee pain seen by Podiatrists include;

- ◆ Patellofemoral pain (refer to tile?)
- ◆ Iliotibial Band Friction Syndrome
- ◆ Ligament injuries
- ◆ Osteoarthritis (refer to tile?)

Podiatrists are primary health care providers of the feet and lower limb and commonly treat conditions like these.

**Call 9388 9999**