



Cracked Heels



Dry, cracked heels can not only be unsightly, but can often cause a large amount of pain and discomfort. These are often caused by cracking or splitting of the skin. The splitting may be secondary to dryness or extreme thickening that cracks and breaks under pressure. Causes can vary from walking excessive amounts in thongs or open sandals, genetics, increased weight and long periods of standing especially on harder surfaces.

Podiatrist can treat cracked heels quickly and effectively by carefully removing the dead skin. Advice can also be provided on various cream options to use for your skin type.

Call 9388 9999